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## Isolation and characterization of steroids and a triterpenoid from *Phyllanthus lawii*

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### ABSTRACT

*Phyllanthus lawii* Grah. is a glabrous shrub usually growing along the bank of rivers towards the Konkan Ghats. Treatment of *P. lawii* together with powdered sugar candy is taken orally for 7 days in stomach and other cancers barring brain and lung cancer. Extensive literature survey revealed that no systematic study on phytochemical investigation has been carried out so far. Hence an effort has been made to isolate and characterize the phytoconstituents from the whole plant of *Phyllanthus lawii*. Two steroids  $\beta$ -Sitosterol and Stigmasterol and a triterpenoid- amyirin acetate has been isolated from aerial part of *P. lawii* and their structures were established by spectral analysis and direct comparison with authentic samples. This is a first report of occurrence of these compounds from *P. lawii*.

**Key words:** *Phyllanthus lawii*, triterpenoid, steroids

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### INTRODUCTION

Some species of *Phyllanthus* L. (Euphorbiaceae) are reported to be bitter, astringent, stomachic, diuretic, febrifuge, and antiseptic and have been used as hepatoprotective agents in Ayurvedic medicine[1,2]. The chemical and pharmacological properties and clinical studies of some *Phyllanthus* species have been summarized in a review article [3,4]. Of the *Phyllanthus* market samples, about 76% contains *P. amarus* Schum. & Thonn. and the remaining percentage is shared by several other species [5]. *Phyllanthus lawii* Grah. is a glabrous shrub usually growing along the bank of rivers towards the Konkan Ghats. It is also found in Nilatwar near Kaladghi, bank of the Gatpraba River, Bihar, Central Provinces and Western Peninsula[6]. Treatment of *P. lawii* together with powdered sugar candy is taken orally for 7 days in stomach and other cancers barring brain and lung cancer [7]. The aerial parts of *P. lawii* was tested for hepatoprotective activity against CCl<sub>4</sub> in rats and it has shown significant activity, lowering the serum enzymes like SGOT and SGPT in rats intoxicated with CCl<sub>4</sub>[8]. Diuretic activity in rats and hypothermic effect in mice of *P. lawii* has been reported earlier [9]. The present study is to investigate the phytoconstituents from the aerial part of *P. lawii*.

## MATERIALS AND METHODS

All the melting points were recorded in a Toshniwal melting point apparatus and were uncorrected. UV spectra were recorded on uv-vis Spectrophotometer (Shimadzu uv – 160 A). IR spectra of the compounds were recorded using the KBr pellet method on a Perkin – Elmer model 700 IR spectrophotometer. <sup>1</sup>HNMR spectra of the compound were taken on varian EM- 360 (270MHz) NMR spectrometer using CDCl<sub>3</sub> as solvent. <sup>13</sup>CNMR was recorded on Bruker instrument with DMSO – d<sub>6</sub> as the solvent at 75.5 MHz. Mass spectra were recorded on a MAT 312 spectrophotometer and FAB – MS (positive) data on JEOL SX 102/DA–600. TLC was carried out using Si – gel (Merck). Column chromatography was carried out on Si gel (Merck, 70-230 mesh) and neutral alumina (S.D. fine chemicals Pvt.Ltd., Bombay). All the chemicals and reagents used were obtained in high purity either from S.D.fine chemicals Pvt. Ltd; Bombay, India or E.Merck Pvt. Ltd., Bombay, India.

### Plant Material

The aerial parts (including leaves, flowers, stem and branches) of *P. lawii* were collected from Udupi, Karnataka, India during Oct – December 2002 and its botanical identity was confirmed by Dr. GopalkrishnaBhat, Department of Botany, Poornaprajna College, Udupi, Karnataka.

### Extraction and Isolation

The shade dried powdered aerial parts (5 kg) were soaked in ethanol (95%) and kept aside for two days. After two days, the ethanol layer was decanted off. The process was repeated four times. The solvent from the total extract was distilled off and the concentrate was evaporated on a water bath to a syrupy consistency and then evaporated to dryness (750 gm).

The extract (750 g) was suspended in distilled water (1,500 ml) and then extracted with petroleum ether (60 – 80°C, 8 X 500 ml). The yield obtained was 65g. The petroleum ether extract (49 g) was saponified with 20% ethanolic KOH (300ml) for 2h. The contents of the flask were then evaporated to remove all traces of EtOH, the lost volume being replaced by water from time to time. The unsaponifiable portion was then extracted with ether (5 X 300ml). All the ethereal fractions were combined, washed with distilled water (40ml), dried over anhydrous sodium sulphate and the solvent was evaporated to afford a yellow residue (10 g).

The residue (10 g) was dissolved in CHCl<sub>3</sub> (20 ml) and adsorbed onto neutral alumina (20 g). After evaporation of the solvent it was loaded onto a neutral alumina column (150 g) prepared in petroleum ether (60–80°C). The column was eluted first with petroleum ether (60-80°C), petroleum ether (60-80°C): benzene graded mixtures (95:5, 90:10, 80:20 and 50:50), then with benzene followed by graded mixtures of benzene: chloroform (95:5, 90:10, 80:20 and 50:50), chloroform and finally chloroform : methanol ( 95:5,90:10, 80:20 and 50:50). The elution was monitored by TLC (Silica gel G; visualization: vanillin-sulphuric acid reagent heated at 110°C). Each time 5 ml were collected and identical eluates (TLC monitored) were combined and concentrated to 5 ml and kept in a refrigerator.

Elutions carried out with petroleum ether (60-80°C): benzene graded mixture 90:10 resulted in a mixture of three compounds. After removing the solvent, a residue 250 mg was resulted. This residue was subjected to preparative TLC in the solvent system viz: petroleum ether: benzene (90:10). The three compounds were isolated as pure compounds by recrystallisation with petroleum ether. These were designated as compound I (45 mg) and compound II (48 mg) and compound III (45mg).

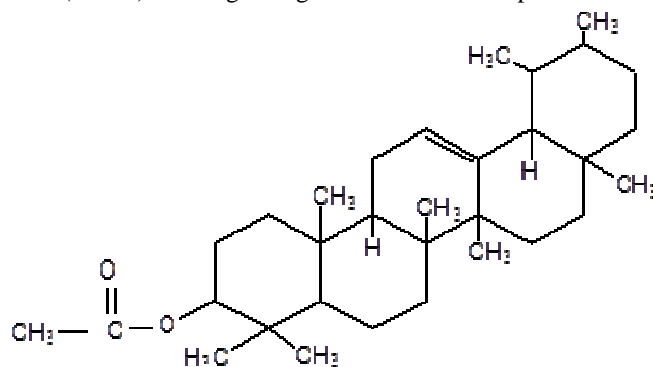
The concentration of other eluates gave only brown resinous masses which were not processed further.

## RESULTS AND DISCUSSION

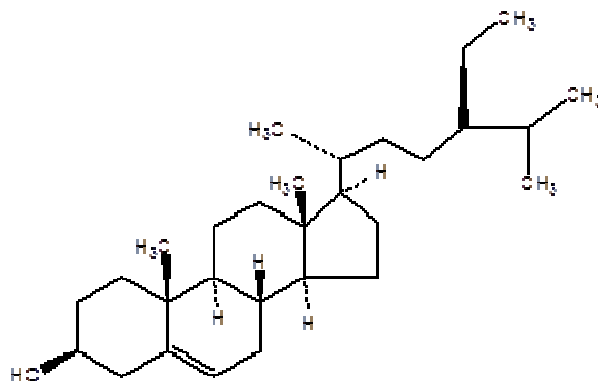
**COMPOUND I:** (α -amyrin acetate). It was crystallized from chloroform as white crystals, m.p. 226-227°C. IR (KBr cm<sup>-1</sup>) γ<sub>max</sub> 3417 (br, OH), 2942 and 2800 (C-H str. in CH<sub>3</sub> and CH<sub>2</sub>), 1628 (C=C str.), 1461 (C-H deformation in CH<sub>3</sub>), 1377 (C-H deformation in gem dimethyl), 1056 (C-O str. of secondary alcohol). <sup>1</sup>HNMR (CDCl<sub>3</sub>) δ 0.87 to δ 1.1 (m, 18H, 6xCH<sub>3</sub>), δ 1.1 to δ 1.20 (m, 18 H, 9 x CH<sub>2</sub>), δ 1.8 to δ 2.3 ( 8 H , methine protons), δ 3.5 ( br, 1 H, CHOH), δ 5.36 (br, 1 H, vinylic proton), δ 5.00 and δ 5.16 (2H, br, olefinic protons). <sup>13</sup>CNMR (CDCl<sub>3</sub>) δ 145 (C-5), δ 138 (C-22), δ 128 (C-23), δ 121 (C-6), δ 78 (C-3), δ 56 (C-17), δ 50 (C-20), δ 51 (C-13), δ 40 (C-4), δ 38 (C-12), δ 37 (C-15), δ 33 (C-1), δ 35 (C-8), δ 35.1 (C-10), δ 32 (C-18), δ 32.5 (C-7), δ 29.12 (C-25), δ 30.25 (C-24), δ 30 (C-14),

$\delta$ 28.24 (C-27),  $\delta$ 28 (C-29),  $\delta$ 31.6 (C-26),  $\delta$ 19.8 (C-19),  $\delta$ 18.7 (C-21),  $\delta$ 18.24 (C-18),  $\delta$ 26 (C-2),  $\delta$ 18.8 (C-28). Mass spectra (EI-MS) 412 ( $M^+$ ,  $C_{29}H_{48}O$ , 76 %), 394 ( $M^+ - H_2O$ , 2%), 273 ( $M^+$ - side chain, 8% ), 255 ( $M^+ -$  (side chain +  $H_2O$  25 %)). It gave positive response (pink colour) to Liebermann – Burchard’s test for triterpenoids. An ester linkage was discernible from the characteristic IR adsorption at  $1735.8\text{cm}^{-1}$ . The acetate nature of the ester was indicated by the characteristic acetyl protons singlet at  $\delta$  2.069. Further more mass fragment  $m/z$  408 is suggestive of the loss of acetic acid (60) from the molecular ion ( $M^+$ ) 468. The peaks at 250 and 218 (Base peak)  $m/z$  were due to Retro-Diels -Alder fragmentation [10] with the usual hydrogen transfer, characteristic of the left and right half arising from triterpene having  $\delta^{12}$ -oleanane /ursane structure. The peak at 190 (250-60)  $m/z$  was due to loss of acetate moiety from the left half providing conclusive proof for the attachment of the acetate grouping at C-3.

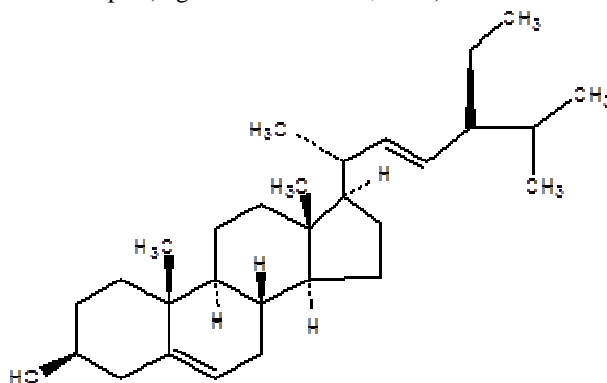
The fact that it is the acetate of  $\alpha$  amyryn was established by saponification leading to the isolation of the triterpene alcohol, melting point of which ( $184^\circ\text{C}$ ) was in good agreement with that reported for  $\alpha$ -amyryn (lit  $186^\circ\text{C}$ ) [11]



**COMPOUND II:**  $\beta$ -Sitosterol) It was crystallized from chloroform as white crystals, m.p.  $138 - 140^\circ\text{C}$ . IR ( $\text{KBr cm}^{-1}$ )  $\gamma_{\text{max}}$  3417 (br, OH), 2942, 2800 (C-H str. in  $\text{CH}_3$  and  $\text{CH}_2$ ), 1628 (C=C str.), 1461 (C-H deformation in  $\text{CH}_3$ ), 1377 (C-H deformation in gem dimethyl), 1056 (C-O str. of secondary alcohol).  $^1\text{H NMR}$  ( $\text{CDCl}_3$ )  $\delta$  0.87 to 1.1 (18 H, 6 X  $\text{CH}_3$ ),  $\delta$  1.020 to 1.1 (22 H, 11 X  $\text{CH}_2$ ),  $\delta$  1.8 to 2.3 (m, 8H, methine protons),  $\delta$  3.5 (m, 1H, OH),  $\delta$  5.4 (m, 1H, Vinylic proton).  $^{13}\text{C NMR}$  ( $\text{CDCl}_3$ )  $\delta$  145 (C-5),  $\delta$  121 (C-6),  $\delta$  56 (C-17),  $\delta$  50 (C-13),  $\delta$  45 (C-13),  $\delta$  40 (C-4),  $\delta$  36 (C-22),  $\delta$  37 (C-5),  $\delta$  33 (C-1),  $\delta$  35 (C-8),  $\delta$  34 (C-23),  $\delta$  35.1 (C-10),  $\delta$  32 (C-16),  $\delta$  33 (C-7),  $\delta$  29.12 (C-25),  $\delta$  30.25 (C-24),  $\delta$  30 (C-14),  $\delta$  28.24 (C-27),  $\delta$  28 (C-29),  $\delta$  31.6 (C-26),  $\delta$  78.7 (C-28). Mass spectra (EI-MS) 414 ( $M^+$ ,  $C_{29}H_{50}O$ , 54%), 397 (18%), 329 (12%), 303 (10%), 288 (4%), 273 (10%), 255 ( $M^+$  - Side chain +  $H_2O$ , 6%), 231 (10%), 199 (20%), 161 (30%), 147 (34%), 133 (24%), 105 (50%), 91 (76%), 71 (44%), 57 (100%). It gave positive response (pink colour) to Liebermann – Burchard’s test for steroid. The yellow colour obtained with tetranitromethane confirmed unsaturation in the molecule. Its acetate melted at  $126-128^\circ\text{C}$  (lit  $127-128^\circ\text{C}$ ) [12].  $^{13}\text{C NMR}$  spectral data matched exactly with that of  $\beta$ -Sitosterol [13]. The most downfield signals at  $\delta$  145 was accommodated for  $\text{sp}^2$  (olefinic) carbon at C-5 and the next downfield signal at  $\delta$  121 to C-6 carbon. The oxygenated carbon at C-3 gave a downfield signal at  $\delta$  78 ppm. The next downfield at  $\delta$  56 was accommodated for C-17. Other carbon atoms of the steroidal skeleton except that in the side chain appeared in the range  $\delta$  45- $\delta$  30 ppm. The angular methyl groups and the side chain methyl carbons gave signal in the region  $\delta$  19.8 –  $\delta$  18.24 ppm. Its identity as  $\beta$ -sitosterol was further confirmed by IR,  $^1\text{H NMR}$  spectral characters and by co-chromatography with an authentic sample (Sigma Chemical Co., USA).



**COMPOUND III:**(Stigmasterol) It was crystallized from chloroform as white crystals, m.p.167-170°C. IR (KBr  $\text{cm}^{-1}$ )  $\nu_{\text{max}}$ 3351(br, OH), 2919 and 2800 (C-H str. in  $\text{CH}_3$  and  $\text{CH}_2$ ), 1630 and 1627 (C=C str.), 1457 (C-H deformation in gem dimethyl), 1057 (C-O str. of secondary alcohol), 625 (rocking vibration of  $\text{CH}_2$ ).  $^1\text{H}$ NMR ( $\text{CDCl}_3$ )  $\delta$  0.87 to  $\delta$  1.1 (m, 18H, 6x $\text{CH}_3$ ),  $\delta$  1.1 to  $\delta$  1.20 (m, 18 H, 9 x  $\text{CH}_2$ ),  $\delta$  1.8 to  $\delta$  2.3 (8 H, methine protons),  $\delta$  3.5 (br, 1 H, CHO),  $\delta$  5.36 (br, 1 H, vinylic proton),  $\delta$  5.00 and  $\delta$  5.16 (2H, br, olefinic protons).  $^{13}\text{C}$ NMR ( $\text{CDCl}_3$ )  $\delta$ 145 (C-5),  $\delta$ 138 (C-22),  $\delta$ 128 (C-23),  $\delta$ 121 (C-6),  $\delta$ 78 (C-3),  $\delta$ 56 (C-17),  $\delta$ 50 (C-20),  $\delta$ 51 (C-13),  $\delta$ 40 (C-4),  $\delta$ 38 (C-12),  $\delta$ 37 (C-15),  $\delta$ 33 (C-1),  $\delta$ 35 (C-8),  $\delta$ 35.1 (C-10),  $\delta$ 32 (C-18),  $\delta$ 32.5 (C-7),  $\delta$ 29.12 (C-25),  $\delta$ 30.25 (C-24),  $\delta$ 30 (C-14),  $\delta$ 28.24 (C-27),  $\delta$ 28 (C-29),  $\delta$ 31.6 (C-26),  $\delta$ 19.8 (C-19),  $\delta$ 18.7 (C-21),  $\delta$ 18.24 (C-18),  $\delta$ 26 (C-2),  $\delta$ 18.8 (C-28). Mass spectra (EI-MS) 412 ( $\text{M}^+$ ,  $\text{C}_{29}\text{H}_{48}\text{O}$ , 76%), 394 ( $\text{M}^+ - \text{H}_2\text{O}$ , 2%), 273 ( $\text{M}^+$ - side chain, 8%), 255 ( $\text{M}^+ -$  (side chain +  $\text{H}_2\text{O}$  25%). It showed positive response to Liebermann Burchardt's test and Salkowski's test. It formed an acetate m.p. 143–145°C (lit 144°C) [14].  $^{13}\text{C}$ NMR spectral data matched exactly with that of Stigmasterol [15, 16, 17]. The most downfield signals at  $\delta$ 145 was accommodated for  $\text{sp}^2$  (olefinic) carbon at C-5 and the next downfield signal at  $\delta$ 138 ppm and 128 ppm to C-22 and C-23. The downfield signal at  $\delta$  121 is to C-6. The oxygenated carbon at C-3 gave a downfield signal at  $\delta$ 78 ppm. The next downfield signal at  $\delta$ 56 ppm was accommodated for C-17. Other carbon atoms of the steroidal skeleton except that in the side chain appeared in the range  $\delta$  45-  $\delta$  30 ppm. The angular methyl groups and the side chain methyl carbons gave signals in the region  $\delta$  19.8 –  $\delta$  18.24 ppm. Its identity as stigmasterol was further confirmed by IR,  $^1\text{H}$ NMR spectral characters and by co-chromatography with an authentic sample (Sigma Chemical Co., USA).



### CONCLUSION

The constituents isolated and characterized from aerial part of *P. lawii* in the present study can be categorized under the sterols and triterpene. The constituents isolated from aerial parts of *P. lawii* consisted of two sterols namely  $\beta$ -Sitosterol and stigmasterol and a triterpenoid namely  $\alpha$ -amyrinacetate. These compounds were isolated for first time from this plant.

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